

**Wisdom For a New Year:
How to Fight Despair With Confidence in God
Psalm 3**

Pastor Nate Young
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Thesis: Everyone will face their own struggles this year, but we can pray, rest, and live confidently knowing that our God cares for us.

Introduction to the title of the Psalm

1. Despair can set in when we let our circumstances loom large (vs. 1-2)

2. The holiness of God allows us to pray confidently (vs. 3-4)

3. Trust in the Lord allows us to rest confidently (vs. 5-6)

4. Knowing that the Lord will act on our behalf allows us to live confidently (vs. 7-8)